



Rules of Engagement

The Rules of Engagement is a clear, structured communication system that helps teams navigate tough conversations with confidence, clarity, and respect. By giving everyone a shared process to follow, it reduces conflict, improves accountability, and turns challenging discussions into productive outcomes.

Purpose:

The Rules of Engagement™ provides a simple, structured communication system that keeps tough conversations productive, respectful, and focused on solutions.

What It Does:

- Creates clarity and consistent expectations for every discussion.
- Reduces emotional reactions and unnecessary tension.
- Helps teams address issues early instead of letting problems grow.

Core Principles:

1. Enter conversations with the right mindset.
2. Communicate truthfully without attacking or defending.
3. Listen actively and respectfully.
4. Stay focused on the issue, not the individual.
5. Work toward resolution, not winning.

How to Use It:

- Review the framework before any high-stakes conversation.
- Use the structure to guide difficult discussions.
- Hold one another accountable to the commitments.

For full details and resources, visit: www.LifePulseInc.com